

August 2017

Dear Athlete and Parent/Guardian:

The attached handbook was developed by the Moon Valley High School Athletic Department in order to improve communications between you and the coaching staff.

The purpose of this handbook is to share our policies, procedures and expectations of student athletes.

Please acknowledge that you and your parent/guardian have read and understand the handbook by signing the form on the last page and returning it to the Athletic Secretary when you apply for your practice permit.

Sincerely,

Eddie Lopez  
Athletic Director

# **MOON VALLEY HIGH SCHOOL**

## **ATHLETIC MISSION STATEMENT**

**The purpose of Moon Valley Athletics is to create a Healthy Sports Experience through Multiple Sport participation.**

We are dedicated to promoting sportsmanship and fostering good character by teaching, enforcing, advocating and modeling the “Six Pillars of Character”.

TRUSTWORTHINESS

FAIRNESS

RESPECT

CARING

RESPONSIBILITY

GOOD CITIZENSHIP

### **GENERAL RULES AND REGULATIONS**

The following list of general rules and regulations are guidelines for Moon Valley athletes to follow. More specific rules and regulations will be given to you by your coach.

#### **A. TEAM CLASSIFICATION**

1. Most sports have various levels of competition. The players will be placed and/or moved to team levels at the discretion of the Head Varsity coach. Only freshmen may compete on freshman teams. Seniors may only compete on varsity teams.

#### **B. IN SEASON SPORTS-RELATED INJURIES**

1. Report all injuries to the coach immediately.
2. An accident report will be made out by the coach or the athletic trainer.
3. If you have school insurance, and the injury is not reported to a coach or the nurse at the time of the accident, it is often a lengthy and complicated process for everyone concerned to secure payment of medical bills.

C. PRACTICE AND GAMES

1. Team members are expected to be punctual in reporting to all scheduled practices. Each coach will provide a specific practice schedule.
2. In case of necessary absence from practice, report to the coach first (personally or by phone call).

**Any student suspended off campus is ineligible to practice/participate/compete for the duration of the suspension. Unless the suspension is immediately invoked (student removed from campus), the suspension is served the next day.**

D. ATHLETIC TRIPS

1. All trips, going and returning must be made on school transportation or on transportation sanctioned by school authorities. No one is exempt from this policy without written permission from parents and school administration.
2. Appropriate behavior is expected when riding in school vehicles during athletic trips.
3. Appearance is important. Attire for traveling athletes must be appropriate to the occasion.

E. EQUIPMENT AND UNIFORMS

1. School uniforms are to be used or worn in competition or practice or at coach's discretion.
2. Abuse of equipment - "Normal" wear and tear is expected. You will be held responsible for unusual abuse or loss of equipment.
3. Students are responsible for turning in all athletic equipment issued to them immediately after completion of any sport or when dropping from that sport.
4. Students shall pay for all items not turned in. Money may be refunded when the items are returned.
5. Students failing to turn in all equipment issued to them or failing to pay for lost items shall not receive any honors or awards for that sport or may not be permitted to take part in other sports, activities, or ceremonies until satisfactory clearance is made.

F. QUITTING A TEAM

1. Any athlete who quits a team may not participate in any other sport until the season of that sport from which he/she dropped has ended.  
Exception: Subject to both coaches' approval or administrative approval.
2. Any athlete who is planning to quit a team must first notify his/her coach in advance of this action. It is the athlete's responsibility to turn in ALL equipment to clear their record.

## G. ATHLETIC AWARDS PROGRAM

1. Freshmen will receive a certificate of participation.
2. Junior Varsity team members will receive a certificate of participation.
3. Varsity athletes will receive one chenille "MV" letter. Sports pins will recognize each individual varsity sport after the initial letter is awarded. Bars will be given for each year of participation in a sport thereafter. Awards certificates will be presented for second and third year participation. The fourth year award is a recognition plaque.
4. General requirements:
  - a. The athlete must be a member of the student body and in good standing the entire season.
  - b. The athlete must have remained on the team during the entire season of the sport.
5. Sports requirements:
  - a. Each coach will establish and post the specific lettering requirements for their sport.

## GLENDALE UNION HIGH SCHOOL DISTRICT ADMINISTRATIVE GUIDELINES

### ~STEROIDS AND PERFORMANCE ENHANCEMENT SUBSTANCES~

- H. Performance enhancement substances, over the counter or otherwise, are not to be recommended to any of our athletes by any of our coaching staff. These substances can cause serious short and long-term health problems to our athletes. The use of performance enhancing substances for muscle development and enhanced athletic ability is considered cheating and are not condoned by Moon Valley High School.

## I. ATHLETIC ELIGIBILITY

1. A student shall be required to earn a passing grade in each course in which the student is enrolled and maintain satisfactory progress toward graduation.
2. A student must be enrolled in and pass a minimum of five (5) credit-earning subjects during the first six semesters.
3. A senior must be enrolled in and pass a minimum of four (4) credit-earning subjects during the seventh and eighth semester.
4. Grade requirements: Passing grades will be determined by each individual teacher.
5. A student must be passing all of their classes to be considered eligible.
6. Correspondence courses may be used to make up the previous semester's credit deficiencies, but are not counted among the five subjects in which a student is enrolled for eligibility.
7. **Transfer Rule.** A student who transfers from one school to another will be ineligible for 50% of the season of the sport played the prior year.

## J. AIA - ELIGIBILITY REGULATIONS

1. Age Limit - If a student becomes 19 years of age after September 1, he/she is eligible to compete for the remainder of that school year. If he/she becomes 19 years of age on or before September 1, he/she is not eligible for any part of that school year. This is not petitionable under the Hardship Rule.
2. Birth Records - Acceptable record of birth shall be submitted before a student's name is placed on an eligibility list for VARSITY participation.
3. Eight Semesters Eligibility Rule - A student is privileged with eligibility for only four consecutive seasons in each sport or activity and for only eight consecutive semesters after he/she first enrolls in the ninth grade.
4. Participation Rule - During a school year, a student shall be eligible to participate in only one season of competition per sport, except freshman tennis.
5. Domicile Requirements - A student, whether an adult or not, is privileged with eligibility for interscholastic competition only at the school in the district in which his/her parents are domiciled. Any exception to this rule must be approved by the Athletic Director and the AIA.
6. Participation - When a student enters an interscholastic contest, regardless of the length of time, it shall be considered participation in the interscholastic contest.
7. Tobacco, Drugs and Alcohol - Any coach or competitor using tobacco, alcoholic beverages or misusing drugs while participating in interscholastic competition shall be disqualified immediately from the contest or tournament.
8. Practice Permits
  - a. Passed a physical examination after March 1 for the upcoming school year.
  - b. Parent permission card emergency consent form, concussion form, photo release form, and "warning film" form on file in the school office.
  - c. You must have health insurance coverage information on file, either your own personal policy or a school insurance policy.
  - d. Birth certificate on file.
  - e. Signed Student Athletic Affidavit from the Student Athletic Handbook on file.
9. Attendance
  - a. Students must attend school on the day of any contests or practices. Exceptions are allowed for school-related field trips, confirmed medical/legal appointments, and emergency situations as verified by a school administrator.
  - b. An unexcused absence, from school, automatically forfeits participation that day.

- c. Student-Athletes are required to attend all classes the day after a contest.

## K. CODE OF CONDUCT

It is the expectation that all student athletes of Moon Valley High School honor and promote good citizenship through leadership, hard work, and sportsmanship. Participation in extracurricular sports/activities is a privilege that is awarded only to those students who conduct themselves in accordance with the rules and policies of the Student Athletic Handbook, Moon Valley High School Handbook, AIA, and District Guidelines for Student Attendance and Conduct.

The following rules will apply to each extra-curricular participant and will be in effect at all times during the academic school year including summer and off season sponsored activities.

1. The Moon Valley administration will process students who violate school and district rules/policies.
2. Students who are suspended from school may not participate in any contests, activities, meetings, or practices during the length of the suspension.
3. Students who are in possession and/or have consumed alcohol, tobacco, illegal drugs, or in possession of paraphernalia may be suspended from school and will be dismissed from the team.
  - a. If the offense takes place after the first half of the season, the student will be suspended for fifty percent of the following season in which he/she participates.
  - b. A second violation will carry a suspension of 365 days of athletic/activity participation.
  - c. A third violation will carry a suspension of the remainder of the student's enrollment at Moon Valley High School.
4. Coaches will develop their own handbook that is specific to their sport. It will contain information that is specific to their team rules, equipment, and schedule. Each individual coach has the authority to make stricter rules governing his/her sport. However, they cannot make less stringent rules.
5. A player may be dismissed from a team at any time if his/her behavior and or attitude is detrimental to the team. This includes social media posts.

### **Concerns and Complaints**

**Please direct any concerns and/or complaints first to the head coach of the team. It is best to schedule an appointment so that the coach can devote his or her full attention to your concerns. Coaches are not at liberty to discuss confidential information pertaining to other players or staff. If the issue cannot be resolved by the coach, please contact the Athletic Director.**

# MOON VALLEY HIGH SCHOOL

## ATHLETIC AWARENESS STATEMENT

Student's Name \_\_\_\_\_ Student No. \_\_\_\_\_

We have received and read the Moon Valley High School Student Athletic Handbook and are aware of the expectations outlined in this document. Furthermore, we understand the Athletic Code including the athletic due process for disciplinary action.

We are aware of the concerns and recognize that our student/athlete's continuation in the Moon Valley High School sports program is dependent upon the expression of positive behavior and sportsmanship on the part of the players and spectators.

We understand that infractions of the established National Federation rules, A.I.A. Guidelines, GUHSD Guidelines and our specific sports team policy may result in the student/athlete being suspended or removed from the team with the loss of any honors or awards to which he/she may be entitled.

Date \_\_\_\_\_

Player's Signature

Date \_\_\_\_\_

Parent Signature



# Arizona INTERSCHOLASTIC ASSOCIATION

## trustworthiness

- Be honest • Don't deceive, cheat or steal
- Be reliable — do what you say you'll do
- Have the courage to do the right thing
- Build a good reputation
- Be loyal — stand by your family, friends and country

## respect

- Treat others with respect; follow the Golden Rule
  - Be tolerant of differences
  - Use good manners, not bad language
  - Be considerate of the feelings of others
    - Don't threaten, hit or hurt anyone
- Deal peacefully with anger, insults and disagreements

## responsibility

- Do what you are supposed to do
- Persevere: keep on trying! • Always do your best
- Use self-control • Be self-disciplined
- Think before you act — consider the consequences
- Be accountable for your choices

## fairness

- Play by the rules • Take turns and share
  - Be open-minded; listen to others
- Don't take advantage of others • Don't blame others carelessly

## caring

- Be kind • Be compassionate and show you care
- Express gratitude • Forgive others • Help people in need

## citizenship

- Do your share to make your school and community better
  - Cooperate • Stay informed; vote
  - Be a good neighbor • Obey laws and rules
  - Respect authority • Protect the environment

# THE MOON VALLEY ATHLETIC HANDBOOK



## THE PHILOSOPHY OF THE MOON VALLEY HIGH SCHOOL ATHLETIC DEPARTMENT

The Athletic Staff at Moon Valley High School believes that students who are involved in athletics are more motivated, become more responsible, more disciplined, develop positive attitudes, and build character.